

Pediatrics West_{PC}

Offers a **FREE** Program for Expectant Parents

Tiny Fingers Tiny Toes:

All about your newborn and everything you should know

These informational, hands-on classes include the following topics:



- **Newborn Appearance:** all about your newborn from head to toe
- **Baby Care Basics:** caring for your newborn from swaddling to care for thrush, dry skin, and nasal congestion
- **Safety:** from medications and fever to SIDS and Shaken Baby Syndrome
- Information about **Immunizations**
- What to expect during visits with a **Pediatrician**

Classes offered in **3** convenient locations!

Lowell

Lowell General Hospital
295 Varnum Avenue
Lowell, MA 01854



Date	Time	Date	Time
Saturday, January 14, 2017	9am-4pm	Saturday August 5, 2017	9am-4pm
Saturday April 1, 2017	9am-4pm	Saturday November 11, 2017	9am-4pm

Westford

133 Littleton Rd
Westford, MA 0186

Groton

120 Boston Rd
Groton, MA 01450



Date	Time	Date	Time
Saturday, January 21, 2017	9am-4pm	Saturday, July 1, 2017	9am-4pm
Saturday, February 4, 2017	9am-4pm	Saturday, July 15, 2017	9am-4pm
Saturday, February 18, 2017	9am-4pm	Saturday, August 19, 2017	9am-4pm
Saturday, March 4, 2017	9am-4pm	Saturday, September 2, 2017	9am-4pm
Saturday, March 18, 2017	9am-4pm	Saturday, September 16, 2017	9am-4pm
Saturday, April 15, 2017	9am-4pm	Saturday, October 7, 2017	9am-4pm
Saturday, May 6, 2017	9am-4pm	Saturday, October 21, 2017	9am-4pm
Saturday, May 20, 2017	9am-4pm	Saturday, November 18, 2017	9am-4pm
Saturday, June 3, 2017	9am-4pm	Saturday, December 2, 2017	9am-4pm
Saturday, June 17, 2017	9am-4pm	Saturday, December 16, 2017	9am-4pm

Healthy snacks and drinks provided at both locations. Free bag with goodies and information.

To sign up for classes or find out more information please
call 978-577-0497 or email TFTT@Pediatricswest.com