

### **Baby Input/Output Chart**

How much your baby takes in and puts out is very important in the first few weeks of life. With feeding around the clock it is easy to loose track of how much your baby has eaten, voided, and stooled. The charts below are meant to assist you in keeping track of your new baby's intake and output.

Date:	Nursed/Took Bottle	Urine/Wet Diaper	Stool/Bowel Movement
12:00 am			
1:00 am			
2:00 am			
3:00 am			
4:00 am			
5:00 am			
6:00 am			
7:00 am			
8:00 am			
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			
6:00 pm			
7:00 pm			
8:00 pm			
9:00 pm			
10:00 pm			
11:00 pm			

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