See your doctor if you have symptoms of the following HPV-related cancers

**Anal Cancer**
- Bleeding from the anus
- Pain or pressure in around the anus
- Itching or discharge from the anus
- A lump near the anus
- Change in bowel habits

**Cervical Cancer**
- Bleeding between or following periods or have periods that are longer/heavier than usual
- Bleeding after sex, douching or a pelvic exam
- Pain during sex
- Bleeding after menopause
- Increased vaginal discharge

**Oral Cancers**
- Persistent sore throat
- Earaches, hoarseness, or enlarged lymph nodes
- Pain when swallowing
- Unexplained weight loss
- Some people have no symptoms

**HPV PREVENTION CHECK LIST**
- Visit your doctor annually
- Get Vaccinated!
- See your dentist for an oral cancer screening
- Don’t smoke!
- Get regular Pap & HPV tests as recommended by your doctor

Contact us at:
HPVCoalition@gmail.com or www.TeamMaureen.org/Coalition

Understanding HPV & Cancer

HPV
Human Papillomavirus and Reducing Your Cancer Risk
What is HPV?

- HPV (Human Papillomavirus) is spread by intimate skin-to-skin contact.
- HPV is the most common sexually transmitted infection in the USA, with nearly 79 million people infected.
- Nearly all people will have HPV in their lifetime.
- Majority of HPV infections have no symptoms and require no treatment.
- Some types of HPV cause warts on skin of the penis, vulva, and anus. These look like flesh colored bumps.

Some types of HPV can infect parts of your body and cause cancer of the cervix, anus, vulva, vagina, penis, tongue, tonsils and throat.

The HPV Vaccine

- The HPV vaccine is given in 3 shots over 6 months.

WHO SHOULD BE VACCINATED?

- **Girls**: age 9-26; **Boys**: age 9-21 (some groups of boys up to age 26)
- Recommended at age 11-12 to be most effective.

SAFE & EFFECTIVE?

- Over 170 million doses of the HPV vaccine have been given and no serious safety concerns identified.
- Majority of cervical and anal cancers and up to 90% of genital warts can be prevented with the vaccine.

BEHAVIOR CHANGES?

- Scientific studies have shown that it does not change sexual behavior or onset of first sexual experience.

INSURANCE?

- The vaccine series is covered by most health insurance plans. Check with your insurance company.

Cases of HPV-Related Cancers in Women each year in USA

- **Cervix**: 10,400
- **Vagina**: 600
- **Vulva**: 2,200
- **Anus**: 2,600
- **Oral**: 1,800

Cases of HPV-Related Cancers in Men each year in USA

- **Penis**: 700
- **Anus**: 1,400
- **Oral**: 7,200

Source: CDC: Errata: Vol. 63, No. RR-5