

Normal newborn behavior and reflexes

These are usually signs of immature nervous system and resolve in approx 4 months:

- Yawning
- Sneezing
- Hiccups
- Throat clearing
- Lower lip and chin quivering
- Sleep noises from moving and breathing
- Spitting up and burping
- Straining with bowels- though stools are soft
- Passing gas
- Trembling and jitteriness or arms/legs
 - common with crying
- Irregular breathing patterns
 - not normal as long as baby is not breathing faster than 60 times/min and there are no pauses greater than 10 seconds and the baby has good color (no blue color)

Normal reflexes:

Moro reflex- startling reflex- stiffening of the body- may stretch out their arms- loud noises/startling baby laying down flat on back

Sucking reflex- triggers a baby to forcibly suck on any object put in the mouth –touch side of baby's mouth

Grasp reflex- baby will tightly close the fingers when pressure is applied to the inside of the infants hand by finger or other object