

Saline Drops

Use: Saline Spray/Drops

Loosens mucous and restores vital moisture and provides soothing relief of dry, stuffy irritated nasal passages due to:

- Common colds
- Dry air
- Sinusitis
- Allergies
- Air travel
- Minor nose bleeds

Aspirator

Assists in the removal of excess mucous and nasal discharge, allowing your baby to breath easier

Important Note: Call your health care provider if: There is no improvement after you have tried to clear the nose; your baby has problems eating or sleeping because of congestion; the discharge is persistently thick and yellow or green; the skin at the base of the nostrils becomes raw or crusted; your baby has other signs or symptoms of illness; if you have further questions or concerns about your baby's nasal congestion.

Directions:

Saline Spray/Drops

For Newborn/Infants: 2 to 6 drops in each nostril as often as needed or as directed by your physician

For Children and Adults: 2 to 6 sprays/drops into each nostril as often as needed or as directed by a physician.

Wipe nozzle clean after each use. The use of the dispenser by more than one person may spread infection. Keep out of reach of children.

Aspirator

1. Hold baby upright.
2. Squeeze the aspirator bulb allowing the air to escape
3. Gently place aspirator tip into baby's nostril, do not force
4. Slowly release the bulb to allow suction to draw mucous from the nasal passage. Repeat on other nostril. Use as often as needed.

Caution:

- Never push the aspirator too far into the nostril.

- Do not squeeze the bulb when the aspirator is placed into the baby's nostril.
- Clean this product after each use
- Keep dry at all times.
- This product is not a play toy. Keep out of reach of babies and children.

Ingredients:

Sodium chloride 0.65% in a specifically buffered solution that will not sting or burn delicate nasal membranes.

Other Ingredients:

Purified Water, Glycerin, Potassium Phosphate Monobasic, Sodium Phosphate Dibasic, Disodium Edetate, Benazlkonium Chloride.

Helpful Hints:

- For newborns/infants use saline drops to move the mucous to the front of the nose, making it easier to remove with an aspirator.
- The use of saline drops daily will help to keep nasal passages clear and moisturized.
- Always avoid putting cotton swabs, twisted tissues or your fingernail inside you baby's nose.
- After wiping you baby's nose, always apply a moisturizing gel to protect against soreness.