

Pediatrics West^{PC} Offers a **FREE** Program for Expectant Parents

Tiny Fingers Tiny Toes

Everything you should know about your newborn

These informational, hands-on classes include the following topics:

- **Newborn Appearance:** All about your newborn head to toe
- **Baby Care Basics:** Caring for your newborn from swaddling, diapering, feeding, and common conditions
- **Safety:** SIDS, car seats, household dangers, and Shaken Baby Syndrome
- **Information about immunizations**
- **What to expect during visits with your pediatrician**

Free gift bag filled with samples, formula, and essential baby supplies will also be supplied

CLASSES ARE HELD IN **2** CONVENIENT LOCATIONS

WESTFORD		GROTON	
Saturday January 19,2019	9am-2pm	Saturday February 2,2019	9am-2pm
Saturday February 16,2019	9am-2pm	Saturday March 16,2019	9am-2pm
Saturday March 2,2019	9am-2pm	Saturday April 6,2019	9am-2pm
Saturday May 4,2019	9am-2pm	Saturday June 1,2019	9am-2pm
Saturday August 3,2019	9am-2pm	Saturday September 7,2019	9am-2pm
Saturday September 28, 2019	9am-2pm	Saturday October 26,2019	9am-2pm
Saturday October 5,2019	9am-2pm	Saturday November 2,2019	9am-2pm
Saturday November 23,2019	9am-2pm	Saturday December 14,2019	9am-2pm

Healthy snacks and drinks provided at both locations.

To sign up for classes or find out more information please call 978-577-0479 or email TFTT@Pediatricswest.com