

Pediatrics West^{PC} Offers a **FREE** Program for Expectant Parents

Tiny Fingers Tiny Toes

Everything you should know about your newborn

These informational, hands-on classes include the following topics:

- **Newborn Appearance: All about your newborn head to toe**
- **Baby Care Basics: Caring for your newborn from swaddling, diapering, feeding, and common conditions**
- **Safety: SIDS, car seats, household dangers, and Shaken Baby Syndrome**
- **Information about immunizations**
- **What to expect during visits with your pediatrician**

Free gift bag filled with samples, formula, and essential baby supplies will also be supplied

CLASSES ARE HELD IN OUR GROTON LOCATION

120 Boston Rd Groton, MA 01450

Saturday January 19, 2019	July 2019 NO CLASSES
Saturday February 2, 2019	August 2019 NO CLASSES
Saturday March 2, 2019	Saturday September 7, 2019
Saturday April 6, 2019	Saturday October 5, 2019
Saturday May 4, 2019	Saturday November 2, 2019
Saturday June 1, 2019	Saturday December 7, 2019

Healthy snacks and drinks provided during the class

To sign up for classes or find out more information please call 978-577-0479 or email TFTT@Pediatricswest.com